

TIFFANY A. WRIGHT, DSW, LCSW

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EDUCATION

Doctor of Social Work (DSW)

Morgan State University, School of Social Work

May 2026

Baltimore, MD

Master of Science in Social Work (MSW)

Columbia University, School of Social Work

May 2011

New York, NY

Concentration: Social Enterprise Administration; Minor: Public Policy

Bachelor of Arts, Sociology and Psychology

University of California, Davis

June 2009

Davis, CA

Minor: African and African American Studies

RESEARCH INTERESTS

Ecotherapy and nature-based intervention in Black communities; racialized ecotrauma; community ecosessions as a group intervention model; ecogrief and ecomemory; ecosocial and green social work; African-centered and ecowomanist frameworks for practice and research; social isolation and community-level mental health.

PEER-REVIEWED PUBLICATIONS

Wright, T. A. (2026). Collective healing through nature: Examining community ecosessions and ecotherapy as Earth justice practice. *Journal of Community Practice*. <https://doi.org/10.1080/10705422.2026.2704650>

Wright, T. A. (2026). Back to nature, back to self: Examining ecotherapy as a tool of restorative healing to reduce the impact of environmental injustice and eco-trauma. *Social Work in Public Health*, 1–13. <https://doi.org/10.1080/19371918.2026.2747291>

Manuscripts in Preparation

Wright, T. A., Phillips, T., Gilliam, C., & Wells-Wilbon, R. (in preparation). Rooted and rising: HBCUs, African-centered mentorship, and the transformation of Black doctoral education in social work. Invited manuscript, *Journal of Social Work Education*. Abstract accepted; full manuscript due November 2026.

Dissertation

Wright, T. A. (2026). *Black women, nature, and liberation: An ecotherapy inquiry into belonging, identity, and healing in urban settings* (Publication No. 32450906) [Doctoral dissertation, Morgan State University]. ProQuest Dissertations and Theses Global.

BOOKS AND PRACTITIONER PUBLICATIONS

Wright, T. A. (2020). *Pieces of me: A beginner's workbook in exploring the building blocks of identity and cultivating self-awareness*. Independently published.

Wright, T. A. (2019). *The 5 commandments of self-love: A journey of honoring and accepting yourself*. Tiffany A. Wright Consulting.

Author of 20 e-books, 8 reflection journals, and 150+ practitioner worksheets on identity, grief, and self-concept; 200+ published articles on personal development and community wellness.

TEACHING

University Guest Lectures

Wright, T. A. (2026, September 29). *There is no one way to be a social worker: The journey to and through social work practice* [Guest lecture]. Introduction to Social Work, BSW Program, Rutgers University, New Brunswick, NJ.

Wright, T. A. (2025, March 27). *Frameworks to use in decolonizing traditional therapy* [Guest lecture]. Trauma-Focused Social Work, MSW Program, California State University, Fullerton, Fullerton, CA.

Continuing Education Instruction

Wright, T. A. (2026, November 6). *Exploring ecotherapy as a pathway to healing and restoration* [Live webinar]. Telehealth Certification Institute, LLC (ASWB ACE Provider #1609). 6 continuing education credits. Sole instructor and curriculum developer.

Curriculum Development and Clinical Instruction

- Designed and delivered clinical training curricula on trauma-informed care, suicide risk assessment and intervention, and culturally affirming practice for multidisciplinary staff.
- Authored training manuals, practitioner guides, and instructional materials adopted across multiple clinical programs.
- Developed volunteer training modules on child development, trauma-informed practice, and social service navigation for court-appointed advocates.
- Provide clinical supervision and structured professional development for pre-licensed associates and multidisciplinary clinical teams.

PRESENTATIONS

Wright, T. A. (2026, March). *Take me through that: The journey to and through social work practice*. National Association of Black Social Workers Annual Conference, Detroit, MI.

Wright, T. A. (2026, January). *Restorative resistance: Using qualitative research to advance civil rights and social justice for historically marginalized communities*. Society for Social Work and Research Annual Conference, Washington, DC.

Wright, T. A. (2025, October). *Ecowomanism, disability justice, and healing: An Afrocentric approach to social work*. Council on Social Work Education Annual Program Meeting, Denver, CO.

Wright, T. A. (2025, February). *Recentering roots, breathwork, and grounding: Navigating nature-based and mindfulness approaches for our healing*. Black Decolonial Psychology Conference, Department of Psychology, Hampton University, Hampton, VA.

Wright, T. A. (2023, April). *Using non-traditional culturally sensitive therapeutic frameworks for BIPOC clients*. University of Memphis Annual Social Work Symposium, Memphis, TN.

Wright, T. A. (2021, April). *Owning your identity in the digital age* [Conference presentation]. TEDxUCDavis, University of California, Davis (virtual). Featured on ted.com.

CLINICAL AND PROFESSIONAL EXPERIENCE

BE Infinite Therapy and Consulting (BE Enterprises)

Los Angeles, CA

Founder, Lead Clinician, and Principal Consultant

07/2013 – Present

- Maintain an Afrocentric, trauma-informed clinical practice serving adolescents, young adults, and adults across telehealth and community settings.
- Integrate Brainspotting, ecotherapy, transpersonal, existential, and trauma-focused CBT approaches in individual and group treatment.
- Facilitate community ecosessions (group ecotherapy sessions) in partnership with Black-led outdoor collectives including Black Girls Trekkin, Blaque Girls Hike Los Angeles, 510 Hikers, and Black People Hike Las Vegas, across state and national parks.
- Provide clinical supervision and mentorship to pre-licensed associates, with emphasis on ethical practice and culturally responsive care.

- Lead nature-based team sessions, staff retreats, and workshops for organizations navigating burnout, change, grief, and loss.
- Design manager and HR training on grief at work and trauma-informed leadership, grounded in a peer-reviewed community ecosession model.
- Partner with schools of social work on curriculum, field instructor training, and continuing education aligned with CSWE EPAS Competency 2.
- Provide qualitative research and program evaluation consultation to foundations, universities, and environmental justice organizations.

Children's Institute, Inc.

Los Angeles, CA

Clinical Program Manager

04/2025 – 06/2026

- Managed two programs: the REACH/Children Exposed to Violence (CEV) program, serving children and youth exposed to community violence, and the United Mental Health Promoters program funded by the Los Angeles County Department of Mental Health (LACDMH); served as liaison between program teams and organizational leadership.
- Managed compliance and reporting for a portfolio of federal, state, and county grant-funded programs, and led funder reporting for SAMHSA ReCast (administered through the Los Angeles County District Attorney's Office), the California Children and Youth Behavioral Health Initiative (CYBHI/CIFFTA), and the U.S. Department of Justice Office of Juvenile Justice and Delinquency Prevention (OJJDP).
- Led the United Mental Health Promoters program for systems-involved youth, delivering holistic educational community activations, safety net support, and case management to reduce mental health stigma and link youth and families to culturally responsive care.
- Led monthly and quarterly funder reporting cycles, verifying client eligibility, demographic, enrollment, and service data, and served as primary contact with grant project directors and funder representatives.
- Oversaw grant-specific program budgets, approving purchasing plans and event budgets, tracking spending against allocations, and ensuring all expenditures aligned with grant objectives and funding codes.
- Managed subcontractor service provider agreements and vendor relationships, ensuring executed contracts, insurance compliance, and timely invoicing, and coordinated community partners delivering youth development, wellness, and healing arts programming.
- Monitored Salesforce data quality and the referral pipeline through weekly reports and monthly data reviews, enforcing referral timelines, outreach standards, and documentation requirements tied to grant compliance; applied outcome data to guide service refinement.
- Provided supervision and operational oversight to care coordinators and partnered with the Senior Clinical Supervisor on caseload distribution, staffing, onboarding, and training.
- Developed and delivered clinical training on trauma-informed care, suicide risk assessment and intervention, and culturally affirming practice for multidisciplinary staff.
- Authored the program's Clinical Program Manager reference guide, procedural manuals, and documentation standards used across agency programs.

Senior Clinical Supervisor

07/2024 – 04/2025

- Provided clinical supervision to multidisciplinary teams serving children and families affected by trauma and systemic violence.
- Standardized supervision and clinical documentation processes, improving consistency and quality of care across teams.
- Mentored clinical staff through structured professional development integrating mindfulness-based and trauma-focused approaches.
- Supported reflective practice and ethical decision-making through individual and group supervision.

Fearless Heart Family Therapy

Los Angeles, CA

Therapist

09/2019 – 07/2021

- Provided individual, couples, and family therapy via telehealth within a group practice setting.
- Treated presenting concerns including eating disorders, trauma, grief and loss, self-esteem, and relational conflict.
- Applied evidence-based frameworks to support emotional regulation, coping, and relational functioning.

Rosewood Centers for Eating Disorders

Santa Monica, CA

Program Therapist

02/2018 – 07/2019

- Delivered individual, family, group, and couples therapy in a residential and intensive outpatient treatment setting.
- Treated adolescents and adults with eating disorders, co-occurring mental health conditions, and trauma histories.
- Integrated CBT, DBT, and ACT frameworks in structured group and family programming.
- Conducted assessment, treatment planning, and progress documentation in coordination with multidisciplinary treatment teams.

Alameda County CASA

Oakland, CA

Volunteer Training Specialist

03/2015 – 07/2017

- Designed and delivered evidence-based training on child development, trauma-informed practice, and social service navigation for court-appointed advocates.
- Developed training modules and coordinated curriculum, scheduling, and training records.
- Supervised volunteers supporting child welfare and family support cases.
- Built partnerships with local, state, and national stakeholders to expand program capacity.

Black AIDS Institute

Los Angeles, CA

Program Coordinator and Volunteer Manager

03/2012 – 03/2013

- Designed and coordinated national health education programming on HIV/AIDS awareness, stigma reduction, and health literacy, reaching communities across 40 states.
- Secured program funding to expand community health education initiatives.
- Collaborated with 40+ partner organizations, including public health and government agencies, to align programming and outreach.
- Recruited, trained, and supervised volunteers; provided capacity-building technical assistance to community-based implementing organizations.

Fred Jefferson Memorial Homes

Gardena, CA

Social Worker

06/2011 – 01/2012

- Conducted home-based assessments for children ages 3–12 in foster care placement.
- Provided caregiver education and resource navigation addressing child health, development, and behavioral needs.
- Documented observations and recommendations to support protective services and permanency planning.

LICENSURE AND CERTIFICATIONS

- Licensed Clinical Social Worker, California Board of Behavioral Sciences, License #101790
- Licensed Clinical Social Worker, Nevada Board of Examiners for Social Workers, License #12778-C
- Licensed Clinical Social Worker, Texas State Board of Social Worker Examiners, License #108376
- Certification in Ecotherapy, Earthbody Institute, 2025
- Certified in Brainspotting Therapeutic Intervention, 2023

PROFESSIONAL SERVICE

Co-Founder and Executive Director, Coco Coalition, Inc.

2015 – Present

- Lead a community organization advancing wellness and empowerment programming for Black women and girls.

PROFESSIONAL MEMBERSHIPS

Council on Social Work Education	2025 – Present
Society for Social Work and Research	2024 – Present
National Association of Social Workers, California Chapter	2024 – Present
National Association of Black Social Workers	2023 – Present
Delta Sigma Theta Sorority, Inc.	2007 – Present